



“Self-Conscious about your teeth?”

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By Dr. Edvina Muksinovic

The last thing this young man writing the blog needs (see panel) is any reason to feel worse. He doesn't need to be scolded into submission, admonished like he's a naughty child or assaulted by irrelevant 'factoids' until his eyes glaze over.

Feeling a bit like him? Then you have come to the right place.



What we give patients are solutions and positive emotional outcomes - we want you to feel the security of good health and the confidence of looking and feeling your best. You'll get a fresh new start with the hope and promise of a better tomorrow. Our team is

“Should i really be that self-conscious about my teeth? Do people really notice them or only if they're bad?

I neglected my teeth a lot when i was younger but I've started taking care of them again by brushing twice a day.

I'm only 17 and i have really yellow teeth which is one of the main things i'm worried about because I'm young and my teeth aren't white like everybody else i know, and i drink a lot of fizzy pop so i've had acid /enamel erosion but now i use a straw when i drink. Would people notice this and really care?

Also, my two top teeth are really and i mean REALLY rotated and i have quite an overbite i think thats from sucking my thumb and i don't know if braces would be able to fix this or not, i really hope so though but if not do you think people would really care about them being like that?”

<https://answers.yahoo.com/question> - Accessed January 2016

dedicated to making you healthy and happy.

We have a number of alternative treatments available but know that they will not be taken up until we have established a positive view of the options open to you. And that is where our positive approach can be such a helping hand.

A friend of mine grew up in England, where a wonky smile is pretty much the norm; as kids, she and her brother once made a game out of slotting pennies through the frighteningly wide gap between his two front teeth!

Even though she wore braces in her teens, she was hardly bothered when, just a few years after having them removed, her newly corrected incisors began to shift. Not until she moved to the US a decade ago did she even notice the return of her 'snaggletooth' and, under pressure from a stylist, planned to fix it. When she broke the news to friends, most of whom have had straight American 'pearly whites' since high school, they were surprised and saddened. *"It gives you so much character,"* said one. *"I'm going to miss the way that tooth peeks out when you laugh,"* lamented another.

After all, it's imperfections like these that make the world's most beautiful faces that much more special.

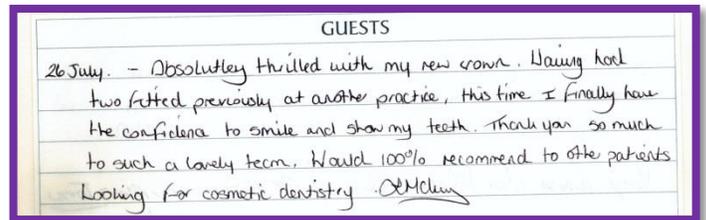
Kate Moss wouldn't be nearly as striking if it wasn't for her mischievous jagged grin, and somehow the fact that she is gleefully un-self-conscious about her crooked teeth makes her ineffably cool.

Keira Knightley's dewy English rose complexion and symmetrical features would be flawless to a fault without her slightly misaligned tomboy canine.

And from Bridgette Bardot to Madonna, Lilly Sumner, choice of fashion house *Saint Laurent*, to *Calvin Klein Jeans* campaign star and model of the minute

Laura Julie all have swoon-worthy, chasm-spliced incisors with an envy-inducing dead center gap!

OK, we all can't have their bone structures but we can take heart in the fact that there can be much done to help us feel better about our smile - and that is what really interests me in dentistry.



So, if you have a particular concern, and want to 'restore your smile' - you are very welcome to come on in and talk to me. **Call 01295 709500** - we are here to help you.

And here's my gift to new patients:



Edvina x

We don't have cowards in this practice... our patients are heroes: with our help they overcame their fears!